

## PPN (Peer Position Network) SERVICE LIST

<b>Agency</b>	<b>Type/ Format</b>	<b>Waitlist</b>	<b>Referral</b>	<b>Location, Day and Time</b>
<p><b>TEACH</b> <b>Checkpoint</b></p> <p><b>Updated</b> <b>Oct 2<sup>nd</sup>, 2017</b> <b>C. Kozell</b></p>	<p>CheckPoint is:</p> <ul style="list-style-type: none"> <li>• A weekly drop-in peer support group</li> <li>• Is facilitated by people with similar experiences who are managing their own personal journey of recovery</li> <li>• Open to anyone who feels they could benefit from peer support in a group setting</li> <li>• Runs all year (excepting Stat Holidays)</li> <li>• One-to-one peer support available on site prior to/after groups</li> </ul>	No	No	<p><b>Location:</b> HOPE Place Centre 34- 775 Pacific Rd, Oakville <b>Time:</b> Thursdays 1:00 – 2:30pm</p> <p><b>Location:</b> St. Luke’s Community Centre 3114 Dundas St W, Oakville <b>Time:</b> Tuesdays 1:00 – 2:30pm</p> <p><b>Location:</b> TEACH Office Unit 18 – 348 Bronte St, Milton <b>Time:</b> Wednesdays 3:30 – 5:00pm</p> <p><b>Location:</b> St. Andrews United Church 89 Mountainview Rd, Georgetown <b>Time:</b> Tuesdays 1:00 – 2:30pm</p> <p><b>Location:</b> Indus Community Services Room 308 - 3038 Hurontario St <b>Time:</b> Tuesdays, 1:00 – 2:30pm</p> <p><b>Location:</b> TEACH Office Suite 304 - 5170 Dixie Rd <b>Time:</b> Thursdays, 6:00pm – 7:30pm</p>

<p><b>TEACH</b></p>	<p>Just be You, Youth Drop-in</p>	<p>No</p>	<p>N/A</p>	<p><b>Location:</b> Oak Park Neighbourhood Centre, 2200 Sawgrass Drive, Oakville  <b>Time:</b> Fridays 7:00pm- 10:00pm</p>
<p><b>STRIDE – Supported Training and Rehabilitation In Diverse Environments</b></p>	<p>Employment services agency</p> <p>1. One on one Peer Support</p> <p>2. Workshops offered:</p> <ul style="list-style-type: none"> <li>• Pre-vocational Life skills</li> <li>• WRAP®</li> <li>• Peer Zone®</li> </ul>	<p>No</p> <p>No</p>	<p>Yes:</p> <ul style="list-style-type: none"> <li>• One Link referrals – forms can be located on STRIDE website <a href="http://www.stride.on.ca">www.stride.on.ca</a></li> <li>• Self-referrals accepted</li> </ul> <p>No formal referral process required – participants may register when flyers have been distributed to announce upcoming workshops.</p>	<p><b>Office Location:</b> 245 Commercial St, #204, Milton ON – (289) 627 – 1861</p> <p><b>South Halton:</b> contact Marco D’Auria (x501) or Kristina Abela-Hopkins (x502)</p> <p><b>North Halton :</b> contact Barry Hadlow (x503) or Genevieve Blazik (x504)</p> <p><b>Time:</b> *8 – 5pm (peer mentors schedule may vary)</p> <p>Several workshops are offered during the year in both North and South Halton; flyers are distributed internally and externally to community partners one month prior to start of workshop.</p>

<b>Phoenix, Early Intervention Psychosis (ages 14- 35)</b>	One-to-one peer support	Yes, short waitlist	Yes, form found at <a href="http://www.haltonhealthcare.on.ca">www.haltonhealthcare.on.ca</a>	<b>Location:</b> Halton
<b>HOPE Place Halton Recovery House – Men’s Addiction</b>	Weekly connection-trauma informed	N/A	Yes, can be self-referred  Contact Rick Moir at 905-878-1120 ext 228	<b>Location:</b> 8173 Trafalgar Rd Halton Hills, ON, L0P 1E0, Halton <b>Time:</b> aftercare meetings Thursdays 1:00pm
<b>HOPE Place Women’s Treatment Centre – Women’s Addiction</b>	Weekly connection-trauma informed	N/A	Yes, can be self-referred  Contact Rick Moir at 905-878-1120 ext 228	<b>Location:</b> 9605 Regional Rd 25, Milton <b>Time:</b> aftercare meetings Wednesdays, 6 – 7:30 pm
<b>CMHA</b>	Drop-in Counselling  May access once a month only	No	No	<b>Location:</b> 1540 Cornwall Road, Oakville <b>Time:</b> Wednesdays 10:00am-2:00pm

CMHA	Peer Support group	No	Please call Linda at 905-691-3855 for registration	<p><b>Location:</b> 1540 Cornwall Road, Oakville</p> <p><b>Time:</b> Tuesdays 1 – 2 pm</p>
CMHA	Coffee group	No	No	<p><b>Location:</b> McDonalds at 227 Cross Ave.</p> <p><b>Time:</b> Mondays 11:00am – 12:00pm</p> <p><b>Location:</b> McDonalds at 689 Guelph Line Burlington</p> <p><b>Time:</b> Mondays 2-3 pm</p>
CMHA	WRAP, 8 week session	Yes, short waitlist	Self referral	<p><b>Location:</b> Contact Linda Cole – (289)-291-5441 X 5441 or (905) 691-3855</p> <p><b>Time:</b> Tuesdays 2:00pm – 4:30pm</p>
CMHA	PeerZone	No	Drop-in	<p><b>Location:</b> CMHA 1540 Cornwall Rd. Oakville</p> <p><b>Time:</b> Tuesdays 9-12</p>
		No	Drop-in	<p><b>Location:</b> 2255 Brant St. Burlington Brant Hills Community Centre (Neilson Room)</p> <p><b>Time:</b> Fridays 9-12</p>
CMHA	Boxing For Health	No	Drop-in	<p><b>Location:</b> Primetime Boxing - 595 Speers Road, Oakville</p> <p><b>Time:</b> Thursday's 2-3:30</p>

		No	Drop-in	<p><b>Location:</b> 4129 Harvester Rd. Burlington K1 Kickboxing Unit E,</p> <p><b>Time:</b> Wednesday's 2-3:30</p>
<b>CMHA</b>	Impact – youth peer support group, ages 12-18. Serves Malton, Caledon & Brampton.	N/A	Contact 905 451 2123 for referral info	<b>Location:</b> 314 – 7700 Hurontario Street Brampton, ON, L6Y 4M3
<b>CMHA</b>	Youth Net – peer support and focus groups for youth ages 12-20 in Peel	N/A	Contact 905 451 2123 for referral info	<b>Location:</b> 314 – 7700 Hurontario Street Brampton ON L6Y 4M3
<b>CMHA, Anxiety Empowered</b>	Drop in	No	Contact CMHA Peel at (905) 846-6657	<p><b>Location:</b> 25 Ruth Ave., Brampton, Heart Lake Presbyterian Church</p> <p><b>Time:</b> Tuesdays 7:00 – 9:00pm, except July &amp; August</p>
<b>CMHA Peel – Recovery West Drop-In</b>	Drop in	No	Referral can be made through CMHA Peel's Central Intake.	<p><b>Location:</b> 7700 Hurontario St., Unit 601 (north end of plaza).</p> <p><b>Time:</b> Tuesday – Friday, 4-8 pm. Saturday, 12-4.</p>
<b>ADAPT</b>	Parent education group, 5 weeks	No	No  Call intake to sign up at 905-639-6537 ext.0	Contact intake

<b>ADAPT</b>	Support for families affected by someone with substance abuse	No	No Call intake to sign up at 905-639-6537 ext.0	Contact intake
<b>ADAPT</b>	Support group for anyone with substance concerns	No	No Call intake to sign up at 905-639-6537 ext.0	<b>Location:</b> Burlington, 777 Guelph Line, # 214 (Burlington mall) <b>Time:</b> Fridays 10:30 – 12 pm Contact intake for more details
	Support group for anyone with substance concerns	No	No	<b>Location:</b> 245 commercial st, unit B1 <b>Time:</b> Wednesdays 6:30 – 8 pm
<b>ADAPT</b>	Support group for Youth with substance concerns	No Waitlist	Must be connected to ADAPT worker	<b>Contact</b> Meaghan 905-334-4952
<b>Nexus Youth</b>	Drop-in	No	No	<b>Location:</b> Mississauga Central Library (by Square One) <b>Time:</b> Monday- Friday 12:00-6:00pm
<b>PAARC</b>	Weekly support group for anyone with substance concerns	Possibly	Self-referral	<b>Location:</b> 5170 Dixie Rd, #302, Mississauga <b>Time:</b> Contact main office at (905) 629-1007
<b>Punjabi Community Health Services</b>	Drop-in Addiction (Sahara Men's Group)	No	Self-referral	<b>Location:</b> Sahara Men's Group - 135 McLaughlin Rd South (BRMP). <b>Time:</b> Every Saturday 9:30-12:30pm

<a href="http://www.Pchs4u.com">www.Pchs4u.com</a>	Parenting Group  Sahara Women's Group		Call (905)677-0889 for more info	<b>Location:</b> Healthy Parenting – Healthy Families, Location: Louise Arbour Secondary School, 365 Father Tobin Rd, Brampton <b>Time:</b> Mondays 6:00 – 8:00pm  <b>Location:</b> Sahara's Women Group – 2980 Drew Rd Unit 241, Mississauga <b>Time:</b> Every Last Sunday of the Month 2:00-4:00pm.
<b>Friends &amp; Advocates Peel</b>	30 - 35 monthly drop in activities in Brampton, Mississauga, Orangeville, Etobicoke	No	Self-referral, contact Andrea Noorani (905) 452-1002	<b>Location:</b> 239 Queen St E, Unit 6 Brampton, ON L6W 2B6  <b>Time:</b> various days and times
<b>St. Christopher's Seniors House</b>	Weekly lunch	No	No	<b>Location:</b> 2200 Sawgrass Dr, Oakville, ON L6H 7K3 Oak Park Community Centre <b>Time:</b> lunch every Thursday
<b>Trans Life Line</b>	Peer support phone line for transgendered people	No	No	<b>Call:</b> (877) 330-6366
<b>Halton Community Legal Services</b>	Individual support & system navigation	No	Self-referral	By appointment (905) 875-2069
<b>Voices for Change Halton</b>	Group advocacy for social change	No	Self-referral	(285)-541-5383
<b>Summit Housing (SHOP)</b>	Peer support & advocacy	No	Self-referral	Call Irene at (905) – 847-3206 ext. 0

<b>Maximize Your Health (Halton and Mississauga)</b>	A 6 week self-management workshop for people with chronic illness	Possibly	Self-referral	Visit website: <a href="http://www.maximizeyourhealth.ca/workshops">http://www.maximizeyourhealth.ca/workshops</a> to register
<b>Summit Housing (SHOP)</b>	Drop-in Coffee & Chat & Board games ( open to public)	No	Self-referral	<b>Location:</b> 760 Brant St, Burlington, unit 405A (SHOP Burlington Office)  <b>Time :</b> Every Tuesday 2 – 4 pm  <b>Call Sam Haber:</b> 289-208-5594